

Dear Parent / Carer

Assessment timetable for Year 10, Monday 14th November until Friday 2nd December

As we approach half term, we wanted to take the opportunity to share with you the timetable of assessments that your child will sit during the next half term. Our assessment period spans three school weeks: Monday 14th November until Friday 2nd December. Your child will sit assessments in most subjects and this is to assess their progress against our planned curriculum and to help to identify areas for curriculum development.

Revision sessions will be taking place in lessons and will continue to do so throughout this period. Your support in ensuring that you child attends all of their lessons is very much appreciated.

W/C 14th November (A)	Session 1	Session 2	Session 3	Session 4
Monday				
Tuesday				
Wednesday				10Y ART / 10Y Graphics & Y10 Computer Science
Thursday	English - all Y10			10X ART / 10Y Graphics
Friday		10X & 10Z Sport Studies		
W/C 21st November (B)	Session 1	Session 2	Session 3	Session 4
Monday				Spanish- 10B1 Listening and Reading Foundation
Tuesday	Spanish- 10B1 Listening and Reading Higher. Geography - 10BG1&2.		French- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation. Geography 10AG1 & 2.	
Wednesday	GCSE RE/ 10Y Food			10X Food
Thursday	10X D&T	10Y D&T		
Friday	French- 10A1 Listening and Reading Higher. Spanish- 10A1 Listening and Reading Higher.			

W/C 28th November (A)	Session 1	Session 2	Session 3	Session 4
Monday		History - 10AH1/H and 10AH2H	Science (all classes)	History for 10BH1/H and 10BH2/H
Tuesday				
Wednesday	Drama			
Thursday		Maths (all classes)		
Friday				Maths (all classes)

The assessment information will be shared with parents in the Autumn term reports to help give an overview of your child's progress. Not all subjects will be assessed during this cycle of assessments; this is due to the nature of some courses where the students are currently working on coursework.

Assessments, of any kind, can cause anxiety and stress for students. There are many things that you can do to support their revision and the assessment period itself. Please speak to us at school if you are concerned or need advice; below are some suggestions that can help.

- Work with your child to find what revision style works for them.
- Encourage your child to take revision breaks and find a balance between studying and doing things they find enjoyable and relaxing.
- Make sure they are eating and drinking at regular intervals.
- Encourage them to take some time after revising to wind down.
- Reassure them – reinforce that you are and will be proud of them no matter what happens.
- Remain positive and hopeful!
- Plan a treat or an activity together to mark the end of the exams.
- Set aside one to one time so that they can talk to you about any worries.
- Let them know their feelings are valid and normal, but also offer support and solutions where possible.
- Anxiety is often worst at night and this means it is useful to encourage a good bedtime routine.
- Work with them to develop relaxation techniques.
- If anxiety and stress start impacting their day-to-day life, seek help from your GP and please liaise with our pastoral team

Once again, please do not hesitate to contact school if you have further questions.

Yours faithfully

Kate Jones

Deputy Head