



## Year 7 Challenge Booklet

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For new Year 7 students joining St Ives School in September 2021.



NAME .....

# St Ives Growth Mindset Academy (SIGMA)

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At St Ives School we are encouraging students to develop a Growth Mindset. A Growth Mindset is not a new course but an approach to school and lifelong learning. Research by Developmental Psychologist Dr Carol Dweck of Stanford University points to people having one of two mindsets: Growth and Fixed:

*"In a fixed mindset students believe their basic abilities, their intelligence, their talents, are just fixed traits. They have a certain amount and that's that, and then their goal becomes to look smart all the time and never look dumb. In a growth mindset students understand that their talents and abilities can be developed through effort, good teaching and persistence. They don't necessarily think everyone's the same or anyone can be Einstein, but they believe everyone can get smarter if they work at it."*

However, it's not all about Dr Dweck. The school will be taking the advice this leading academic gives, mixing it with further academic research and making it suit the current school, authority and national policies and how we think it will best benefit St Ives School students. We are using SIGMA (St Ives Growth Mindset Academy) to share our values with students, staff, parents and stakeholders.

SIGMA encompasses our values as a school. Our students, parents, staff and stakeholders are empowered by challenge and value effort. We are driven to achieve and to fulfil our potential through resilience, grit and determination.

SIGMA is at the heart of our schools philosophy and underpins everything from rewards and attendance to CPD and teaching and learning. Each half term we focus on a different Growth Mindset value. Students are rewarded with SIGMA merits and teachers ensure lessons develop Growth Mindset skills. We have a programme of tutor time activities and assemblies to ensure that we are delivering a consistent message.



# Challenge Learning SIGMA Project

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You are going to be presenting a challenge learning project entitled 'All about me' which will be a chance to talk or show things about yourself to members of your new classes. The project will give you an opportunity to share how you have demonstrated our SIGMA values in your lives so far.



## What should my Project look like?

It's your choice, but here are some ideas:

- It can be written on paper with photographs, drawings and explanations.
- It can be a booklet.
- It can be a video.
- It can be a piece of drama.
- It can be a PowerPoint presentation that you bring in on a memory stick.
- It can be a scrapbook.
- It can be a song and/or dance.
- It can be a poster.

The most important thing is that it is:

## **'All About You!'**

You may be able to do some of the work in your Year 6 class. If you do, make sure that you ask your teacher if you need help or advice!

So, what would you like to share that you are proud of?

- What do you enjoy doing?
- What is your background?
- What makes you laugh?

Here is your chance to share your thoughts.

## Who should complete this project?

All students as it will be part of the tutor programme when you begin Year 7 in September.

 CHALLENGE 



"I like the challenge of trying different things and wondering whether it's going to work or whether I'm going to fall flat on my face."

Johnny DEPP

 LEARNING FROM MISTAKES 



"I have not failed. I've just found 10,000 ways that won't work."

Thomas EDISON

 EFFORT 



"There's no elevator to success; you have to take the stairs."

ANONYMOUS

 HIGH STANDARDS 



"Aim for the moon. If you miss, you may hit a star."

W. Clement STONE

 RESILIENCE 



"Winners never quit and quitters never win."

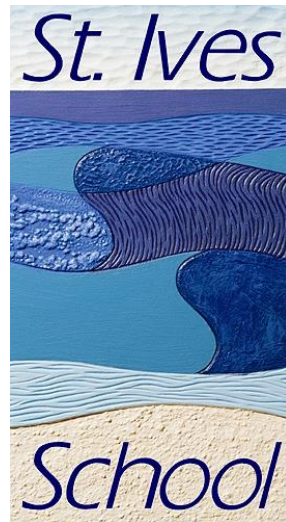
Vince LOMBARDI

 ...YET! 



"If you're tempted to say 'I can't' be brave enough to add 'yet.'"

ANONYMOUS



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