



Sport Science and PE

The GCSE PE and Sport Science programmes offer the students the opportunity to explore how sports performance and participation are influenced and improved, beyond the experience of practical performance that they experience in core PE.

The need for people to lead healthy and active rather than sedentary lifestyles is increasingly prominent in respect of government initiatives and is a key driver for the whole PE curriculum: to improve well-being. This is reflected in the school curriculum, where physical education and sport remains core; these qualifications seek to build upon this provision at key stages 3 and 4.

These sport qualifications offer learners the chance to develop different types of skills through largely practical means; communication, problem solving, team working, evaluation and analysis, performing under pressure, and formulating written findings from practical investigation are all transferable skills which can be learned and assessed through these qualifications and utilised in many other educational and employment settings, therefore preparing them for their chosen next step.

Our central goal is to prepare students for their future; in PE we summarise this in our key messages to students and the outcomes we want them to achieve: determination, excellence, respect.

"PE is Powerful Education."