Penwith Velo Cycle Club was set up in 2012 by staff from St Ives School. The club ran weekly road rides and turbo sessions for local children. It also ran Mountain Bike trips and several cycle tours to France. Unfortunately the club had to close in 2017. The club has generously donated a 20 bike cycle trailer, 10 mountain bikes and helmets to St Ives School.

Andy Wooders who helped to run Penwith Velo said ‘When we made the decision to close the cycle club, Duncan Smith and I wanted to leave some sort of legacy and donating the cycle trailer and ten bikes to St Ives School where the club was first formed seemed the best way of ensuring this. We hope this will allow children who wouldn’t normally have access to bikes the opportunity through their school to try this fabulous sport and reap the benefits of exercise. I would like to thank the many parents who also helped us to run Penwith Velo and St Ives School for allowing us to use the school as the base for the club. Also thank you to Halfords of Penzance for supplying the mountain bikes and helmets’.

Headteacher, Mrs Jan Woodhouse said “I am so delighted to receive this wonderfully generous donation from Penwith Velo for the benefit of our students. The bikes and trailer will provide us with an additional opportunity to encourage students to enjoy being active and we look forward to launching a regular cycling club over coming months. I would like to thank both Andy and Duncan for their continued support for the school and for this fantastic gift to the students.”

Pictured below is Andy Wooders with students Sunny and Katie, former members of Penwith Velo. Max, Ben and Matthew stand with Mark Read, leader of St Ives School ‘Recycles’ group.
Despite the drizzle, students at St Ives School recently enjoyed an opportunity to find out more about the Higher Education and Careers options available to them when the Next Step’s South West Cornish Pop-Up Event Roadshow – pictured with Next Step Ambassadors – visited the school. The event was aimed at provoking discussion about how hobbies and interests can inform future career paths. Next Step’s mini-bus was packed full of resources to aid conversations about all aspects of student life, and higher education staff and students were available to answer questions. Pupils made full use of virtual reality headsets giving virtual campus tours and met with student ambassadors from universities across the southwest. St Ives School has linked up with NSSW and the National Collaborative Outreach Programme which aims to raise aspirations, awareness and access to higher education, including routes into it, such as degree and higher level apprenticeships. The ongoing project links St Ives School with higher education institutions across the region.

For more information about NSSW please contact Mrs Bond.
Amelia competed in Round 2 of the Dunkeswell Kart racing Club Championship. She scored her first ever race win in Heat 2, followed by a bigger win in Heat 3. This qualified her for pole position for the final, which she then went on to win by over 5 seconds. Amelia drove outstandingly well all day, and to add to the dominance of the day she scored the fastest laps in all 3 heats and the final. Congratulations Amelia!
TANZANIA EXPEDITION 2019

St Ives School students have an amazing opportunity to our students to take part in a 4 week Summer Expedition to Tanzania with CAMPs International. 10 students have signed up for the expedition and are actively fundraising both in and out of school to support their trip. Miss Goldsworthy will be accompanying the students on the expedition and will support them throughout the next few months of preparation.

CAMPs International have been running expeditions since 2002 and during this time over 22,000 students have travelled with them from around the world. These students have collectively completed over 80,000 weeks of volunteering and worked on truly inspirational projects which have positively impacted on the lives of over 103,000 people. The expedition allows students to live alongside rural communities and work on projects which could include helping to build classrooms, community centres, combating deforestation or protecting wildlife. This will be an amazing opportunity for these young people to experience.

For more information about St Ives School visit our website at: www.st-ives.cornwall.sch.uk
Over the past few months Year 9 Bronze students have been training and preparing for the expedition element of their Duke of Edinburgh. This meant that twenty seven students were ready to undertake their final expedition at the end of April in the West Penwith area.

There were 4 teams walking from Chysauster and Drift Reservoir towards Botallack, which was their overnight camp. Despite the good weather during the few days prior they ended up starting in the rain but this did not deter them and they made good progress during the day. The rain did ease off but was replaced with sea mist which made navigating across the moors a little more difficult. All of the teams got into camp safely and managed to get their tents up and their food cooked before it came into rain again.

Next morning the teams were up early and left on time. The rain from the previous day was replaced by sunshine, which made a pleasant change. The teams navigated across towards Chapel Carn Brea completing another thirteen kilometres and all arrived into the finish on time.

All participants should be congratulated on their achievements. They showed great teamwork and resilience in completing the expedition. In particular we should mention Lexie and Grace for completing the expedition despite injuries that many people would have used as a reason for not attempting it. We look forward to seeing many of these students complete their awards and then progressing on to the Silver Award.
ST IVES SCHOOL NEWS

SPORTS ROUND-UP

HOUSE FOOTBALL RESULTS

The house football competition has been a brilliant tournament across all three year groups, with outstanding play and a real sense of competitive spirit.

It was great to see the school SIGMA values in action, especially effort, resilience and high standards as these were our themes for the tournament. Teams were awarded bonus points for their display of these values. In addition, extra points were also awarded for sportsmanship as the players themselves refereed the games.

Congratulations to Tan House who took the overall win with 135 points.

Norves and Ayr were joint second on 120, Dowr in third with 90 points.

Special mentions must go to Max for his huge energy and effort levels, Billy-Bob for some really high class football including a superb volley and Joe for brilliant mid-field play.

YEAR 8 GIRLS RUGBY FESTIVAL

The Year 8 girls went to the county championships at Camborne RFC on 21st of March. The girls played incredibly well and were absolutely superb throughout the entire day. Top performances came from Eva Mei, Allisya and Phoebe who were invited by 2 separate rugby clubs to come and attend club training. Massive credit must also go to all of the girls who, alongside playing for St Ives also played in a Penwith Barbarians combined side with Humphry Davy. A great day!
NETBALL COUNTY CHAMPIONSHIPS

Well done to all the Yr 7 Netball Team who competed in the County Tournament in May. The girls play and teamwork improved throughout the day and they skilfully secured three wins. Congratulations!

ATHLETICS

This year’s St Ives School athletics season is already underway with a fantastic start! Our teams competed at the Penwith School’s qualifier at Carn Brea yesterday and produced some phenomenal results. Special mentions need to go to Aaron (for a stunning 1500m win), Annabelle (800m), Toby and Nik (sprints), Felix, Lexi, Riley, Kezia, Phoebe and Freya. Thank you so much to all of our pupils for demonstrating amazing physical performances and team spirit. The final results will be publicised as soon as they are in!

JUDO PLAYERS GET INSPIRED

During the Easter Holidays, students from St Ives School and our local St Ives Judo Club attended the 55th Judo Course. This year it was attended by Owen and Ashley who have previously competed in the Olympic and Commonwealth Games for GB. A great inspiration for or future sport stars.
Congratulations to Tyler, Year 9 and Charlotte, Year 8 on their success at the recent Riding for the Disabled Association regional competition. Charlotte placed first and second even though she rode a pony she had never ridden before. Tyler received the cup for the most dressage points and he has won a place at the national finals. A superb achievement - Congratulations to you both!

St Ives School took second place in the tennis Simpkin Cup on April 25th. This doubles tournament is open to the best 4 players in each school of any age. Our team of Jack, Alex, Adrian and Will, students from Years 7-9 were playing against year 10 and 11 players form six other schools. After wins against Richard Lander, Bodmin College and Truro School they lost in a tough final against a very strong team from Wadebridge and should be proud of the high standard of tennis that they produced.

Tennis club is on Thursday at 3.30 and is open to all players. Tennis coaching with Colin Stringer is on Fridays at 3.30 and is also open to all players at a cost of £1 per session.
This half term the focus has been on the power of yet! Teachers and students have been looking at how they can change their mindset. According to Carol Dweck’s research, the simple addition of “yet” can switch a belief from a Fixed mindset to a Growth mindset. For example: “I can’t solve this equation” becomes “I can’t solve this equation, yet!” or “I’m not good at press ups” becomes “I’m not good at press ups yet!”

The addition of ‘yet’ implies that in the near future with practice you will succeed. By talking about the addition of “yet” or “not yet,” we have seen greater confidence in our students, and a greater resilience as students see success in the future.

What is fascinating is that it is possible change your mindsets. In one study, Dweck taught students that every time they push out of their comfort zone to learn something new and difficult, the neurons in their brain form new, stronger connections. By following this advice, research shows that students, over time, can get smarter.

For more information about St Ives Growth Mindsets Academy, including an online version of the workshop, please visit www.st-ives.cornwall.sch.uk/about/sigma/
“When you have exhausted all possibilities, remember this: you haven’t...you’re just not there yet.”

Thomas EDISON